

WALKS FROM WWW.MIKES-WALKS.CO.UK --- Langstrath

Langstrath from Rosthwaite – Borrowdale, Lake District, Cumbria

Total Distance 6.59 km **4.1 miles**

Total ascent 143m **469 feet**

High Point 157m **516 feet**

	Grid Ref	Direction	Dist	
1	258 147	S		From outside the Scafell hotel, take the B5289 towards Seatoller
2	257 142	SE	552m	Take the minor road on the left to Stonethwaite
3	262 136	SE	1.4k	Past the Langstrath Inn, and through the gate onto the track – you can see this on the webcam below
4	266 133	ESE	1.9k	Through the campsite and along the side of StonethwaiteBeck
5	273 130	SSW	2.6k	Up along Langstrath Beck
6	271 126	ESE	3.07k	Take the footbridge over Langstrath Beck and down the other side
7	274 130		3.5k	Footbridge over Stonethwaite Beck, turn left downstream
8	263 138	NW	4.9k	Past the footpath to Stonethwaite Bridge – carry on alongside the Beck
9	260 145	NW	5.8k	Here the beck moves away from the path, but the two come together again round the back of the Scafell Hotel
10	259 149	W	6.3k	Just after the hotel, take the bridge on the left and you are back on the B5289 in Rosthwaite

RESOURCES

Car Parking	There is a small car park in Rosthwaite
Toilets	
Refreshments	The Scafell Hotel and Langstrath Inn have public bars, and there is a village shop in Rosthwaite for pop/crisps/ice cream etc
Map required	Requires OS Outdoor Leisure Map 4 - Lake District North West - buy it here
Warnings	
Points of Interest	
Website	This webcam in Langstrath should give you an idea of the weather
Feedback	If you download the route, walk the walk, or have any other issues, please email feedback@mikes-walks.co.uk