

WALKS FROM WWW.MIKES-WALKS.CO.UK --- Healey Nab

Where	Lancashire – West Pennine moors			
Distance	10.3 km / 6.42 miles			
Ascent	227 m / 744 ft			
High Point	194m / 639ft			
Map	Explorer 287, West Pennine Moors			
	Grid Ref	Direction	Dist	
1	620 160	SE		From the car park, go down the entrance road. Take the right hand fork at the bottom of the entrance road, and go right again at the next road junction. Carry on down the road, and over the causeway at the bottom of the reservoir
2	618 155	E	870m	At the far end of the causeway, take the path to the right through the kissing gate. Follow this path, which approaches the side of the reservoir and then goes round the side of it, where the path drops below the retaining embankment. Follow the old stone wall to the stile/gate to Back Lane
3	614 159	NNW	1.7k	Right on Back Lane, until the first driveway on the right, signed to Heath Fold Farm (but called Kays Farm on the OS map). Down the drive and left immediately in front of the farm, with a wire fence on your left and hedge on the right
4	611 179	NNW	3.5k	Along this path for 1.8k. Look for a footpath coming in from the right, and two going off to the left in the space of 10 metres or so, the second being signposted. Take either of the two paths on the left, as they join up after a few yards, and ascend the hill. Cache GCRCH0 hidden in the area. Follow the path as it bends round to the north past some disused small quarry workings. Where a path 'T's off to the left, carry straight on and down the side of the wood
5	609 181	W	4.2k	Take the gate on the left into the woods, and stick to this path which rises to overlook the back of an old quarry. Go round the back of the quarry to the right, and then in front of it (Cache GCN3X6). Having crossed the front of the quarry, take the first fork to your right, down an old track, presumably from when the quarry was still worked
6	606 184	N	4.7k	At the end of the wood, the path carries straight on through the open field, through Higher Healey and right onto the road
7	608 184	ENE	5.4k	Take the stile on the left, across the field. When you reach the stream, do not follow the stream but carry straight on, which takes you across the end of a small reservoir
8	613 19	ESE	6.0k	Go right up the road, which becomes a track – follow the signs for WCCC (White Coppice Cricket Club). Go between the pitch and the pavilion, and take the stone bridge over the Goit
9	620 190	S	6.8k	Go right, initially alongside the Goit
10	615 179	S	8.0k	Left down the road, taking the footpath off to the right after a few yards, which path takes you overlooking the top end of Anglezarke Reservoir
11	617 169	S	9.1k	At the Dam of High Bullough Reservoir (Cache GCJAX0) carry straight on, with the reservoir to your left. Past the reservoir, the path descends and zig-zags through trees, then you have a stone wall on your right, with Anglezarke reservoir on the far side of the wall
12	618 164	SE	9.7k	Opposite a low sign for the woodland trail, a narrow tarmaced track goes off to the left – take this path for a gentle ascent back up to the car park

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RESOURCES	
Car Parking	Anglezarke Car Park SD 620 160
Toilets	None
Refreshments	There is sometimes (!) an ice cream van near the Cricket Club
Map required	Explorer 287, West Pennine Moors
Warnings	
Points of Interest	
Website	
Feedback	Email any comments to feedback@mikes-walks.co.uk and please let me know if you do the walk ! Thank You