

WALKS FROM [WWW.MIKES-WALKS.CO.UK](http://WWW.MIKES-WALKS.CO.UK) --- Coniston Low Level

Distance 11.4km 7.07 miles Ascent 250m 820 feet Max height 222m 727 feet				
	Grid Ref	Direction	Dist	
1	SD303975	ENE		From the Information Centre Car Park, head right down the B5285 until you are outside the village
2	308 974	SSE	500m	Take the footpath on the right-hand side of the road, which takes you to a boathouse at the lakeside and walk along the lakeside to the Ferry Launch point
3	308 970	WNW	1.17k	Walk along Lake Road, heading back to Coniston. Take the path that goes through the white buildings on the left (one of which is an gear shop, if you have time) and at the road/path junction at the end of the driveway to the shops, take the signed path to the left
4	302 968	SSW	2.1	Where you join another path, head left, after a while joining the driveway to Coniston Hall. Walk round the right of the hall, following the track into the campsite. In the campsite itself, keep an eye open for a path heading off to the left, which will take you down to the lakeside. Carry on along the lakeside, ignoring the signpost for Torver, until you come to a part of the path that has been diverted for erosion protection purposes
5	300 946	E	4.2	Take the path to the right, away from the Lake shore, into a small shallow valley through the woods. As the valley rises and narrows, go through the gate and along the path that takes you to and past Brackenbarrow Farm – note that in February, this was not so much a path as a wet stream
6	288 944	ENE	5.74	Cross the metalled road and take the footpath into the field. You are heading for the fallen tree opposite. Unfortunately, the field is very boggy, with no easy dry route to the tree, AND the tree has fallen over a plank walkway which is part of the route, but it can be negotiated with a bit of effort. From there, follow the path towards the house in the corner of the field, where it joins the A593
7	285 945	ESE	6	Go left along the main road, over the bridge over Torver Beck, and right up the minor road. After 200m the road bends to the left, and after another 50m or so, take the track to the right, which takes you past Scar House. This track becomes progressively more rugged, until as you pass the climbing hut at Tranearth, it becomes a path
8	280 957	N	7.7	Just before the disused quarries, cross the beck by the bridge, and over the bridge take the path to the right. Cross the first wall, and stay on the path until you come to a second wall. Do not cross it, but turn left and walk along it.
9	286 957	NE		Cross the wall at the stile (The map is a bit misleading at this point, it shows paths on both sides of the wall, but this is not the case). Carry on with the wall on your left, and after a matter of metres, the wall collapses and you can cross back to the side of the wall you should be on
10		NE		Carry on in the same direction, along what is left of the ruined wall, until you meet a wall running across your path. You need to do a short dog-leg left and right, which takes you down a path with trees on your left and a stone wall on your right. This path is muddy when wet
11	294 963	NE	9.4	Go through the gate to the left off the sheepfold. Carry on in the same direction, crossing the next wall at a stile, and again in the same direction

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				takes you to a small wooden gate, across a narrow track and then another gate.
12	296 964	NE		Head for the wall corner opposite, then down the side of the wall, then through into the field in front of Spoon Hall. Leave the field by the green metal gate opposite, which takes you down the driveway of Spoon Hall. After 50 yards or so, the drive runs parallel to the old railway line, which is now a footpath – join it and it takes you into the top of Coniston, past some cottages where it becomes a road, past the Mountain Rescue Post and past the car park at the old station, which could be used as an alternative start.
13	299 975	E		At the road junction, go right down to the A573, then left back into the heart of Coniston

**RESOURCES**

Car Parking	In the centre of Coniston, and also at the old Station in Coniston (300 974 – as this is on the route, it could be used as an alternative start) N.B. – parking in Coniston centre, £7 for over 4 hours
Toilets	In the Car Park
Refreshments	Cafes and Pubs in Coniston, also Pubs in Torver
Map required	Lake District South West, OL6 – buy it <a href="#">here</a>
Warnings	
Points of Interest	
Website	
Feedback	If you download this route, walk the walk, or have any other issues, please email <a href="mailto:feedback@mikes-walks.co.uk">feedback@mikes-walks.co.uk</a>