

WALKS FROM WWW.MIKES-WALKS.CO.UK --- Lad's Leap

Where – Northern Peak District				
Distance 11.7km - 7.2miles				
Ascent 335 m - 1100ft				
High Point 490m - 1600ft				
	Grid Ref	Direction	Dist	
1	072 992			From the car park, walk back up to the entrance road and down to the main road. Cross the main road and go uphill
2	074 993		242m	Take the permissive footpath into the field and then left upstream by the side of the leat
3	078 993		727m	Cross the bridge over the weir and take the path up to the minor road
4	080 992		949m	From the B road the path takes you uphill a few yards to the Longdendale Trail, a disused railway bed – follow this down the valley
5	057 980		3.7k	Cross the B road. Do not continue down the Longdendale Trail, but take the tarmac track at the far side of it, which takes you down and across the dam at the bottom of Torside Reservoir. On the far side of the houses, follow the road until it bends right
6	053 985		4.4k	Take the left hand (lower) of the two gates, and follow this track past Rhodeswood Reservoir – at the end, go right up the track to the main road
7	040 983		6k	Go left along the main road for a few yards, then take the footpath opposite, which zig zags up the hillside
8	037 986		6.7k	Go through the stile into the woods, continuing to climb uphill. Once past the quarries, the path narrows considerably, until you breast the scarp of the moor above Rawkins Brook
9	044 992		7.8k	Cross the wire fence at the stile. Here the map shows Rawkins Brook or Black Gutter on your right, with the path going straight on, and indeed a faint path can be seen on the ground, but a broader, more obvious path goes off on the other side of Black Gutter, and this is the one we took, heading for Millstone Rocks to the north east
10	048 997		8.4k	After the peat moor, the path continues along the stony edge of Millstone rocks to Lads Leap and on the far side of Lads Leap heads toward the derelict stone wall which comes in from the right. Ahead of you is a long, linear depression – follow this downhill, and you will see bits of the collapsed stone wall in places. After 350 meters or so, the path bends right to the south east, and begins to descend the hillside quite steeply
11	067 995		10.5k	By a small enclosed wood, your path crosses the Pennine Way – take the Pennine way off to the right
12	068 990		11k	Take the tarmac track down into Crowden, over Crowden Beck, and the pathway down the side of the camp site will take you back to the Car Park

RESOURCES	
Car Parking	Crowden Car Park SK072992 – fills very early at almost any time of year – Alternatively there is a car park on the other side of the reservoir at SK067 983
Toilets	By the car park at Crowden
Refreshments	Take your own
Map required	Outdoor Leisure 1 – The Dark Peak
Warnings	It can get boggy on any moorland in the Dark Peak area
Points of Interest	

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Website	
Feedback	Email any comments to feedback@mikes-walks.co.uk – and please let me know if you do the walk ! Thank you (or make an entry in the forums on www.mikes-walks.co.uk)